Science FIRST is a Brand New Experience

**Before you go!**

1. Build your schedule in the Advanced Planner before you get to IFT FIRST by identifying sessions that cover topics of interest.

2. On-demand content is available to watch before coming to the event, but we know you’re busy! Check out 1-minute FIRST Cut Session Summaries to learn key points of your sessions before you get to IFT FIRST.

3. Don’t forget to browse the expo floor, poster sessions, and Destination IFT!

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**At IFT FIRST!**

1. Each conversation will be curated and hosted by two career professionals in the science of food, sparking dialogue and debate among panelists and colleagues.

2. Multi-Session Conversations
   - Listen or participate in a Multi-Session Conversation where you’ll hear from some of the top presenters. Network with them and fellow attendees who are passionate about similar areas.

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**After IFT First!**

1. The scientific exploration doesn’t have to end when you leave Chicago! Your IFT FIRST registration includes access to the on-demand presentations for review and to dive deeper into topics.

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**IFT First**